

CADA



SERIES 2017-2018 - VOLUME 117, ISSUE 2

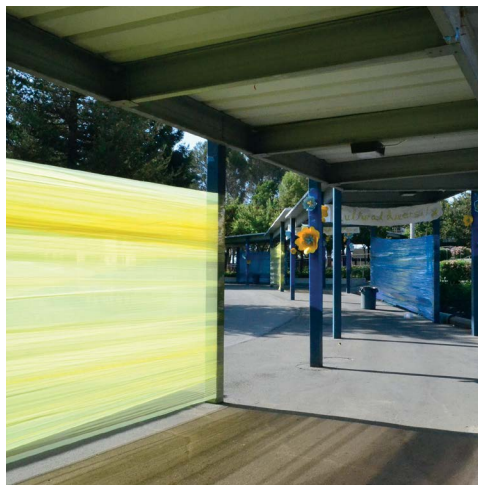


POP OF
COLOR
NO TAPE
NEEDED
3



USING
GOOGLE
CLASSROOM
14

TECH



GRATITUDE,
ESSENTIAL
FOR EVERY
GREAT
LEADER
16



CALENDARING
YOUR YEAR
JANUARY
- JUNE

2018

19





P. 2 President's Message

P. 3 Pop of Color, No Tape Needed

P. 6 Oh, The Places You'll Go With CADA
Convention 2018 Update

P. 8 Area Events

P. 14 Using Google Classroom
with your Leadership Class

P. 16 Gratitude, Essential
for Every Great Leader

P. 17 CASL News

P. 18 Book Review
I wish my teacher knew

P. 19 Calendaring Your Year
January - June

P. 20 2017-2018 Calendar of Events



PRESIDENT'S MESSAGE

KEVIN FAIRMAN
CADA PRESIDENT
MARINA HIGH SCHOOL
president@cada1.org

“The role of a leader is not to come up with all the great ideas. The role of a leader is to create an environment in which great ideas can happen.”
Simon Sinek

CADA is that environment. During a recent CADA Board Meeting, the board spent some time talking about why CADA and why CADA is the best environment for student leaders across the state and nation. Board members were given 3-5 minutes to explain why CADA means so much to them. Here are some of the responses:

- CADA believes in giving students a voice.
- CADA teaches students and adults to reach out to those who need help and guidance.
- CADA believes what I believe...every student is capable of finding their why, passion and voice and has the power to take action to impact their school and community in a positive way.
- CADA helps create memories. One event or club or team or activity can make a difference in a student's life.
- CADA helps students find the best version of themselves.
- CADA is trying to change the world one student at a time.
- CADA shows adults and students that activities is the only place where every student has an equal opportunity.

After hearing all these wonderful things about CADA and activities from Board Members, I thought I would take this question one step forward. I decided to contact former ASB/Leadership students. I was able to get feedback from all types of past ASB/Leadership students from college students to working adults. Here is what they had to say about the value of middle and high school activities and leadership:

- ASB was not anything I expected. It taught me a bunch of valuable lessons that didn't just help me while I was in high school, but those lessons still help me to this day.
- ASB was a group of leaders put together to make the school a better place.
- I'm a high school teacher now and I use my high school leadership skills more than I use my teaching credential curriculum.
- Everyone in college is always complaining how busy they are except for students who were in leadership in middle school and high school.
- I work at sporting events at my university and recently I showed up early to work (as I was trained in ASB) and my boss was there. When the rest of my fellow student employees showed up late my boss fired them all. Therefore, ASB saved my job.
- Although I was only in ASB for one year, I learned more that year than I did in all my 4 years of high school.

As you can see... WHAT WE DO MATTERS! So when you are the last one to leave campus at night, remember WHAT WE DO MATTERS! When your alarm goes off early Saturday morning for a school event, remember WHAT WE DO MATTERS! When you wake up at 3am thinking about the pep rally that day, remember WHAT WE DO MATTERS!

Thank you for all you do for middle and high school students... what YOU do matters!

“

**I'M A HIGH SCHOOL
TEACHER NOW
AND I USE MY
HIGH SCHOOL
LEADERSHIP SKILLS
MORE THAN I USE
MY TEACHING
CREDENTIAL
CURRICULUM.**

”

“

**ALTHOUGH I WAS
ONLY IN ASB
FOR ONE YEAR, I
LEARNED MORE THAT
YEAR THAN I DID IN
ALL MY 4 YEARS OF
HIGH SCHOOL.**

”

POP OF COLOR NO TAPE NEEDED

JOANNA BUTCHER
CADA AREA B COUNCIL
MILPITAS HIGH SCHOOL
jbutcher@musd.org

What is the fastest, easiest way to add a pop of color on your campus without using tape? Tinted stretch wrap (a.k.a. saran wrap), dye tinted corn starch, or insulation foam board are what you need!

TINTED STRETCH WRAP

There are many uses of the stretch wrap, including wrapping around poles to cover an

area from pole to pole, the back of the stadium bleachers, or to keep posters up when the wind comes whipping down the plains.

The best thing about this stretch wrap is that there is no need to use tape to keep it together and the use of a letter opener can zip it off within seconds for disposal. Laura Saldana of Westmont High School recently used spray paint on the clear wrap for a quickly made, huge poster.

To paint classroom windows for holidays or advertising, try using the static cling. Roll the static cling wrap down the window with a bit of overlap at the top and then slice the wrap with a box cutter or letter opener for a tight clean window fit. Once the wrap is in place you will be

able to use various brushes and tempera paint for your desired effect. No more staff members complaining about paint tears under their window because the students didn't clean the squeegee or forgot to clean off the ad weeks after the event is over. Clean up is as easy as peeling a corner, yanking down, wadding into a ball and shooting for 2 points!

Where can you find stretch or cling wrap? We stumbled upon it by accident while looking for 900 paper bags for Prom when our local grocery store wasn't willing to donate that many to us. We found the company Uline, which sells bulk items, offers 2-day shipping and sells 4 rolls per box of the same color of the stretch wrap.





STRETCH WRAP LETS POSTERS FLOAT INSIDE FOR SPIRIT DECORATION.

DYE TINTED CORN STARCH

An MHS art teacher suggested mixing cornstarch, water, and fondant food coloring to create a nice mix of colors to paint on the asphalt with brushes rather than chalk. GENIUS! WOW, this idea changed my students' lives. No more bits of chalk floating around in random drawers in the classroom. "But chalk is sold at the dollar store and easy to use." Yep, it is. It might even be funny to see the students return from using chalk with dust all over their clothes, hands, and face to then search for band aids because they tried to get that nub of a piece of chalk to work until their fingers bled, because of the tight budget. If this sounds familiar, put the chalk down and head to the grocery store instead.



CORN STARCH INSTRUCTIONS

BY MHS STUDENT VAL

1. General rule is 1:1 ratio of cornstarch to water but it's okay to have more water (more cornstarch makes it very thick and hard, water makes it more transparent but easy to paint).
2. Suggest starting with some water, then slowly pouring in corn starch as you stir (works better with 2 people; if you're by yourself, then pour, stir, and repeat).
3. Small increments of cornstarch at a time works best but if you're rushing, then no worries. Pour all the cornstarch and stir quickly so it doesn't get too hard and stuck.
4. Don't start with too much water because you can always add more to your batch if you think you need it to be thinner or you need more dye.
5. Add dye and mix; add about 3 drops per small corn starch container used (if you use tempera paint, make sure that it is washable or it will take A LOT longer for the words/picture to fade/wash away).



A TREASURE CHEST CREATED USING FOAM BOARD AND TEMPERA PAINT.

INSULATION FOAM BOARD

Activities Directors are often well known at their local hardware store. When I walk in, Ruben sees me and asks, "Rally time again? What's the challenge?" I think he likes the challenge of helping repurpose items for an activities program or fix structural faults. This process helped us discover insulation foam boards (4 ft. x 8 ft. Polyisocyanurate Rigid Foam Insulation Board or rigid sheathing). And we have now given up dumpster diving for cardboard boxes! The use of these boards is easy. First, peel off the silver coating, then trace or freehand an outline on the foam, next paint it with tempera paint and finally use a hot knife to slice through the foam like butter. But caution! Don't use spray paint as it eats away at that foam.



"Rally time again? What's the challenge?" I think he likes the challenge of helping repurpose items for an activities program or fix structural faults.

OH, THE PLACES YOU'LL GO WITH CADA CONVENTION 2018 UPDATE

BY DEBI WEISS

CADA PRESIDENT-ELECT
AYALA HIGH SCHOOL

preselect@cada1.org



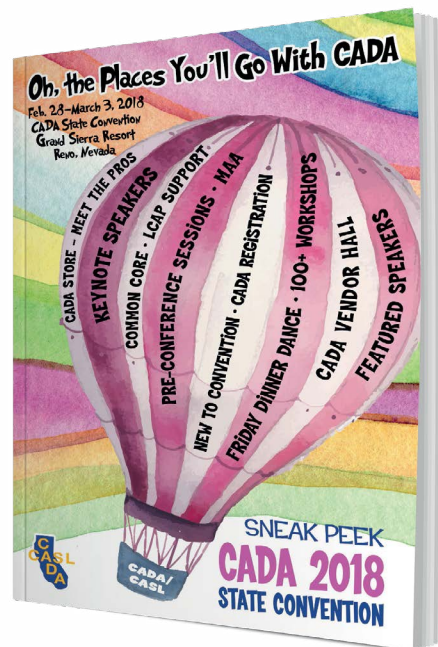
Are you ready to attend the Oh, The Places You'll Go With CADA Convention? What places have you and your students gone with CADA? You may have started the school year attending an Advisor Conference or an Area Student Leadership Conference. Attending these events prepares you and your students with the tools to enhance and improve the culture and climate on campus.

So, who should attend the CADA Convention with you? Bring your team! That means your Administrators, Activities Director, Athletic Director, Class Advisors, Finance Clerk and support staff.

Who should attend a Pre-Con Session? This is a great opportunity to get some in-depth learning. The pre-cons take place on Wednesday, February 28 from 9am-12pm and you can choose one of these three:

- **School Culture** – Phil Boyte will lead this interactive session full of possibilities on what drives your culture and how to get your staff on board to create a school that feels so good that no one wants to leave.
- **FCMAT** – Focus on information necessary for today's school leaders in maintaining fiscal accountability, legal compliance, and accuracy within student body accounts.
- **Technology** – Dedicated to tech whether you are looking for grading tools, managing social media or looking to increase student engagement through social media and other online tools. Also, members of Facebook will be sharing their work on how to empower student voice on social media.

Start your course of study to earn the Master Activity Advisor (MAA) certificate. Enroll in the MAA 101: Foundation for Student Activities course Wednesday afternoon. If you've already completed the Foundations course, a number of additional courses are also available. Plus, MAA participants can add-on MAA credit in conjunction with the School Culture or FCMAT Pre-Con Session. Pre-registration is required for MAA courses. Check out cada1.org/certification for more information.



Networking with other CADA Members will start Wednesday night when all areas will meet in the Lex Nightclub. Dinner will be served in the Ballroom before the event. Thursday night our members will converge at the Vendor Hall to check out products and services available from over 140 vendors as well as get a bite to eat, followed by the traditional Reno bowling party. Who can pass up going bowling, dancing and networking?

It's GOT A NEW Name – The CADA Scholarship Run will be a 5K run or a 1K walk/run for our members. Thanks to a new sponsorship, all proceeds from the event will go into the CADA Scholarship Fund which supports sending our students to CADA/CASL leadership training events.



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“The workshops will help you plan and execute activities on your campus, learn leadership qualities that will enhance your students’ character, develop activities that promote a positive campus culture and climate and find lessons to take back to teach.”



The highlight of our Conventions have always been our Keynote Speakers and the lineup this year is no different. Chad Hymas, Jason Kotecki and Pat Quinn will amaze us with their stories. Check out your conference brochure for more information on these speakers visit: cada1.org/stateconvention.

The workshops will help you plan and execute activities on your campus, learn leadership qualities that will enhance your students’ character, develop activities that promote a positive campus culture and climate and find lessons to take back to teach. There will be workshops designed to meet your needs. In addition, there will be Featured Speakers, CADA Slam and Meet the Pros/Leadership Lessons.

Are you new to the CADA Convention? If so, we will have the perfect session that we encourage all our New to Convention to attend. You will be connected with CADA members from your area who have a passion to mentor and will give you ideas to make the best of your Convention experience; plus you will be able to visit the Vendor Hall before other members.

We encourage our students to make a difference in our communities and at CADA you will have that chance with our Children’s Book Drive. We are asking each member to bring a children’s book to Convention. At your area registration table you will receive a book label to personalize with a message to place in your book. The books will be donated to

various places within each area. Let your Area Coordinator know if you have a suggestion of where to donate.

So many reasons to attend the CADA Convention and bring your team. Have you registered and made your hotel and travel arrangements? If not, today is the day. Visit cada1.org/stateconvention to register and find additional information.

CONVENTION DEADLINES:

Presenter Application	Oct. 30
Exhibitor/Vendor Registration	Dec. 31
Early Bird Registration (lowest prices)	Jan. 12
Lodging Group Rate (GSR)	Jan. 29
Regular Registration Closes	Feb. 7



Registration Now Open!

Advisor Trainings
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Vendor Exhibit Hall
Networking Events

Grand Sierra Resort, Reno, NV
February 28 - March 3, 2018



Oh, the Places You'll Go With CADA

2018 CADA State Convention

JOIN US FOR OUR STATE CONVENTION WITH OVER 1500 ACTIVITIES DIRECTORS FROM ACROSS THE GLOBE!

QUESTIONS? CALL CADA CENTRAL AT 831-464-4891 | WWW.CADA1.ORG | INFO@CADA1.ORG

AREA EVENTS



ALLISON GADEKE
 AREA A COORDINATOR
 Sierra Middle School
areaA@cada1.org

Counties: Del Norte, Glenn, Humboldt, Modoc, Trinity, Shasta, Siskiyou, Tehama, Lassen, Colusa, Plumas, Sierra, Sutter, Nevada, Yuba, Butte, Yolo, Sacramento, Placer, El Dorado, San Joaquin, Stanislaus, Mono, Contra Costa, Tuolumne, Amador, Alpine & Calaveras.

May 1, 2018

Student Conference

Held annually at the Modesto Centre Plaza, this end-of-year student conference is the perfect place to bring your new officers to get them ready for the upcoming school year.

Info & registration: cada1.org/AreaA

Leadership Development Days:

Info & registration: cada1.org/LDD

• **December 11, 2017**

East Union High School (HS delegates)

• **December 12, 2017**

Bethany Elementary School (MS delegates)

• **January 24, 2018**

Summerville High School (MS/HS delegates)

• **January 25, 2018**

Sutter Union High School (8th-12th grade delegates)

• **February 1, 2018**

Ygnacio Valley High School (MS delegates)

• **March 7, 2018**

Arden Middle School (MS delegates)



LARRY LOPEZ
 AREA B COORDINATOR
 Del Mar High School
areaB@cada1.org

Counties: Mendocino, Lake, Sonoma, Napa, Solano, Marin, San Francisco, San Mateo, Alameda & Santa Clara.

November 20, 2017

Student Conference

James Logan High School

8:00 a.m. - 1:30 p.m.

Featuring keynotes from Scott Backovich, Kevin Laue, and Keith Hawkins, leadership workshops, activity ideas, continental breakfast and lunch included.

Registration deadline: November 6, 2017

Info & registration: cada1.org/AreaB

Leadership Development Days:

Info & registration: cada1.org/LDD

• **January 19, 2018**

Miller Middle School (MS delegates)

Interested in hosting an LDD at your school site?

Visit cada1.org/LDD and click on "Host an LDD" in the left menu for all the details.



LEADERS THAT CAN

LESLIE LOEWEN
 AREA C COORDINATOR
 Fresno Unified School District
areaC@cada1.org

Counties: Mariposa, Merced, Madera, Fresno, Kings, Tulare, Kern & Inyo.

December 5, 2017

Advisor Conference

Fresno Elks Lodge

9:00 a.m. - 2:30 p.m.

Featuring a full day of workshops and presenters with lunch included.

MAA 205-Personal Leadership Development is available as an add-on to this conference.

Participants in the MAA course will continue with their training from 2:30 - 5:30 p.m.

Registration deadline: November 28, 2017

Info & registration: cada1.org/AreaC

Leadership Development Days:

Info & registration: cada1.org/LDD

• **April 11, 2018**

Hanford West High School (HS delegates)

Interested in hosting an LDD at your school site?

Visit cada1.org/LDD and click on "Host an LDD" in the left menu for all the details.

LEADERSHIP DEVELOPMENT DAYS



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SCHOOL STUDENTS TO BECOME INSPIRED TO
CHANGE THE WORLD AND LEARN THE PRACTICAL
SKILLS NEEDED TO MAKE THOSE CHANGES.



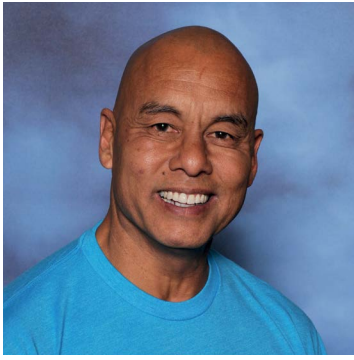
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JOSE DUENAS
 AREA D COORDINATOR
 Balboa Middle School
areaD@cada1.org

Counties: Santa Cruz, Monterey, San Benito, San Luis Obispo, Santa Barbara & Ventura.

November 7, 2017
Middle School & High School Student Conference

Ventura Fairgrounds
 8:30 a.m. - 2:00 p.m.
 Featuring a keynote from Harriet Turk, two workshop sessions, SWAPS with CASL State Board members, and lunch.
Registration deadline: November 1, 2017
Info & registration: cada1.org/AreaD

Leadership Development Days:

Info & registration: cada1.org/LDD

- **December 1, 2017**
Pioneer Valley High School (MS delegates)
- **January 23, 2018**
Pajaro Valley High School (MS delegates)

Interested in hosting an LDD at your school site? Visit cada1.org/LDD and click on "Host an LDD" in the left menu for all the details.



RON IPPOLITO,
 AREA E COORDINATOR
 Sierra Vista High School
areaE@cada1.org

County: Los Angeles.

January 20, 2018
CADA Southern California Technology Conference

Dave & Buster's at Hollywood & Highland
 8:30 a.m. - 1:30 p.m.
 The first of its kind, the CADA Technology Conference is geared toward anyone working in student activities at a school site.
Info & registration: cada1.org/AreaE

February 6, 2018
S.T.A.R.S. Conference
 Cal Poly Pomona-Kellogg West Conference Center

8:30 a.m. - 2:00 p.m.
 The Students Targeted At Reaching Success Conference is geared toward potential leaders who need a gentle push in the right direction. Featuring a keynote from "The Amazing" Tei Street, multiple workshops and speakers throughout the day, continental breakfast and a formal lunch.
Info & registration: cada1.org/AreaE



Leadership Development Days:

Info & registration: cada1.org/LDD

- **November 8, 2017**
Somerset Continuation School (Continuation HS delegates)
- **November 13, 2017**
Whittier High School (HS delegates)
- **December 6, 2017**
Cactus Intermediate School (Private)
- **December 7, 2017**
Quartz Hill High School (MS delegates)
- **January 11, 2018**
Chino Hills High School (MS delegates)
- **January 17, 2018**
Lynwood High School (MS delegates)
- **January 24, 2018**
Castaic Middle School (MS delegates)
- **January 31, 2018**
Nobel Charter Middle School (MS delegates)



GENIEL MOON,
 AREA F COORDINATOR
 Murrieta Valley High School
areaF@cada1.org

Counties: San Bernardino, Riverside & Orange.

November 14, 2017
High School Student Conference

Disneyland Hotel
 7:30 a.m. - 1:30 p.m.
 Featuring a keynote from Tyler Durman, three sessions per student, advisor session, continental breakfast and boxed lunch.
Info & registration: cada1.org/AreaF

May 2, 2017
High School Student Conference

Coto Valley Country Club
 This end-of-year student conference is the perfect place to bring your new officers to get them ready for the upcoming school year.
Info & registration: cada1.org/AreaF



Leadership Development Days:

Info & registration: cada1.org/LDD

- **December 6, 2017**
Excelsior Charter School (MS delegates)
- **December 8, 2017**
Palm Middle School (MS delegates)
- **January 18, 2018**
CASL Regional Conference at Lasorda Field House (MS delegates)
- **February 13, 2018**
Murrieta Mesa High School (HS delegates)
- **February 21, 2018**
Valley View High School (HS delegates)
- **February 23, 2018**
Riverside Prep (HS delegates)

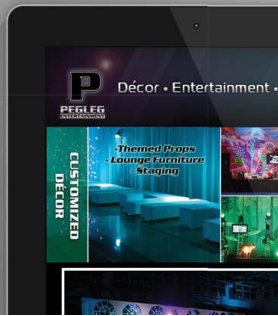
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GET YOUR STUDENTS TALKING

What do you really want to see at school?

How should we make that happen?

What can you do to help?

Raising Student Voice and Participation (R.S.V.P.) is a student engagement program for getting your school's students—all of them, not just the leadership class—talking about what they want to see happen at school and how they can partner with community stakeholders like the city council and public safety departments to make that happen. Contact Sandra Kurland with the California Association of Student Leaders, at 619-957-9107 or Leadership@cada1.org to get your school RSVP ready!

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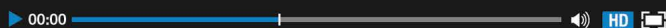
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BONNIE BAGHERI
 AREA G
 COORDINATOR
 San Marco High School
 areaG@cada1.org

Counties: San Diego & Imperial.

Leadership Development Days:

Info & registration: cada1.org/LDD

• **January 11, 2018**

Cesar Chavez Middle School (MS delegates)

• **February 8, 2018**

Madison High School (HS delegates)

• **February 9, 2018**

Vista Innovation and Design (MS delegates)

• **April 24, 2018**

San Marcos High School (HS delegates)

Partner Organizations

California School Boards Association
November 30 - December 2, 2017

San Diego, CA

If you have a student board member on your local school board, look into sending them to the CSBA Annual Education Conference, along with your school board members. CADA's Sandra Kurland oversees the student strand of this event. And tell your school board members to stop by the CADA booth, say hi to our representatives and learn all about how CADA/CASL supports a positive school culture & climate on your campus.

California State Athletic Directors' Association

April 18-22, 2018

Hyatt Regency, SF Airport, Burlingame, CA
 CADA will be present at this annual conference. Have your Athletic Director stop by the CADA booth, say hi to our representatives and learn how athletics and activities working together can support a positive school culture & climate on your campus.



DENISE VAN DOORNE
 AREA H LEAD
 Bear Valley Middle School
 areaH@cada1.org



December 1-3, 2017

National Conference on Student Activities (sponsored by the National Association of Workshop Directors) CADA Board members Kevin Fairman, Debi Weiss, Denise Van Doorn, and Jeff Culver will be in attendance at this year's national conference in Spokane, Washington. Area H members, see you there!

June 25-27, 2018

NatStuCo (formerly National Association of Student Councils-NASC) National Conference Wayzata High School, Plymouth, Minnesota
 Students can apply to join the California delegation at this summer's national conference. For information and application, visit cada1.org/NASC.



LEADERSHIP

MaNia

The **National Student Council Conference** is a unique opportunity for student council members and advisers to meet with their peers and enhance their leadership skills. National Student Council (NatStuCo) member schools receive special discounts to attend.

This year's National Student Council Conference will be hosted by Wayzata High School in Plymouth, MN, and plans to bring together over a thousand student leaders and advisers from across the country for an inspirational three-day event.

June 25-28, 2018

Applications and a **\$450** desposit are due **March 1, 2018**

Remaining baclance of **\$450** due **May 1, 2018**

Apply online at www.cada1.org

For more information, contact Sandra Kurland
 NatStuCo California
 leadership@cada1.org



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WOW! Events



USING GOOGLE CLASSROOM WITH YOUR LEADERSHIP CLASS

BY LINDSEY CHARRON

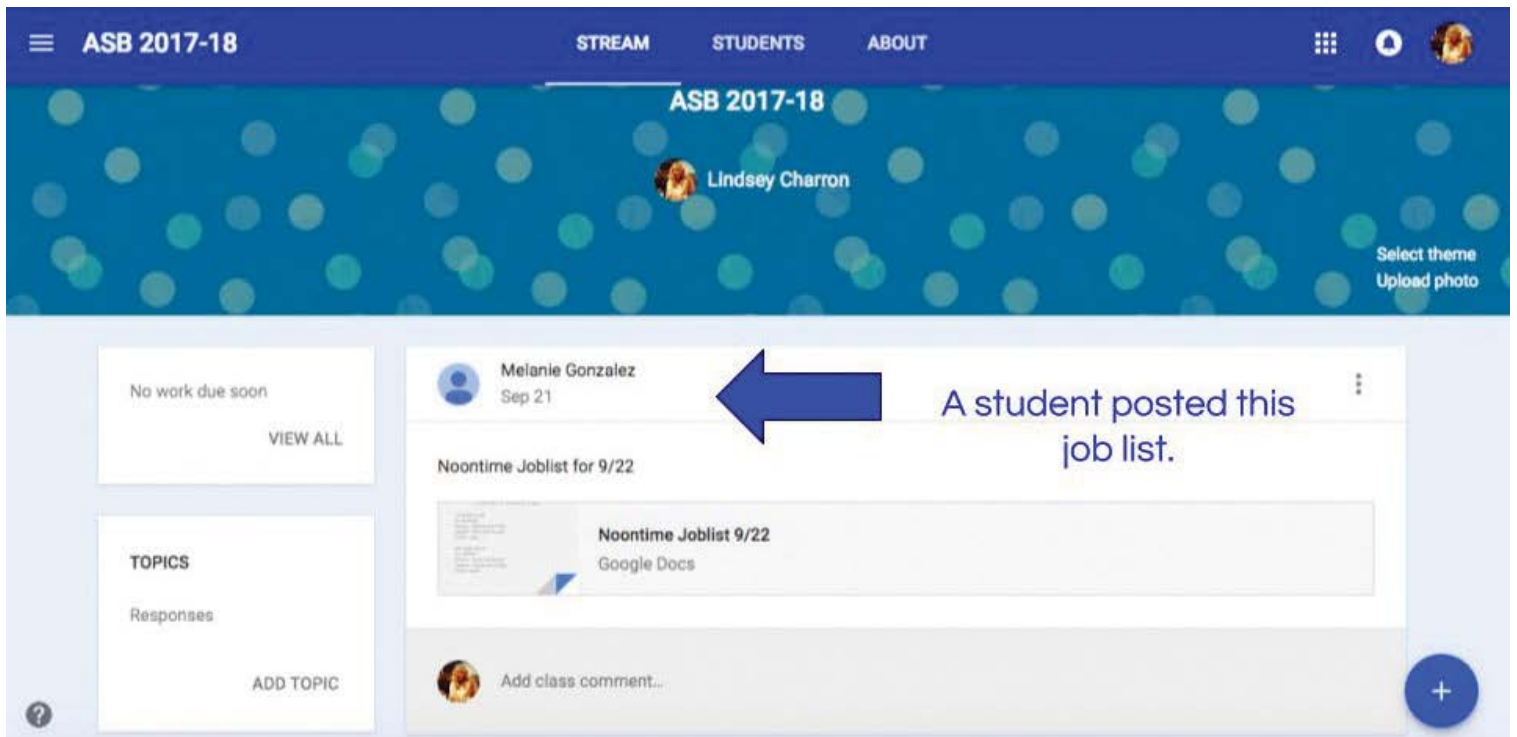
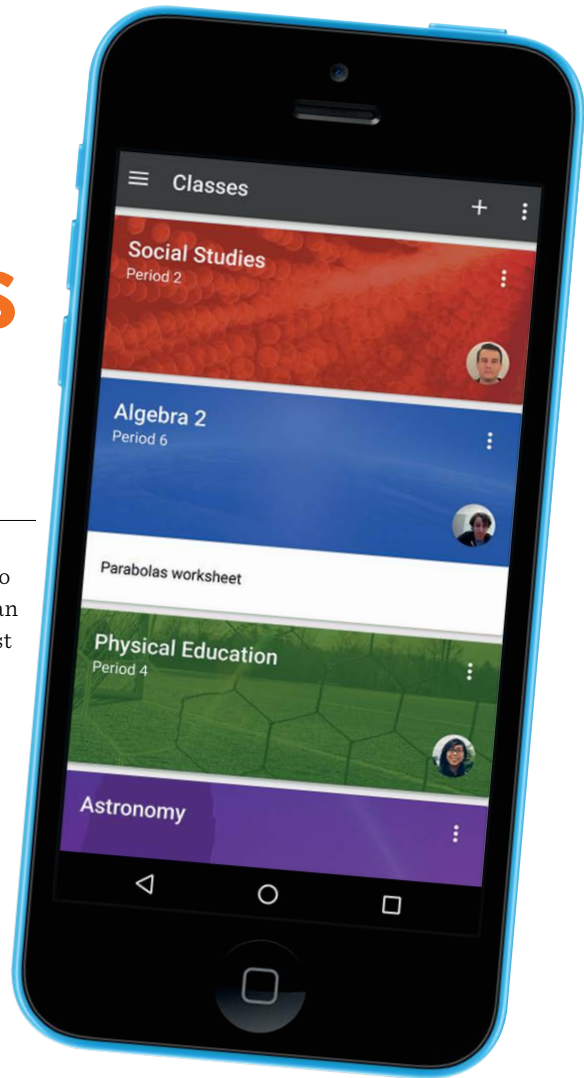
CADA PUBLIC INFORMATION COORDINATOR
HORACE ENSIGN INTERMEDIATE SCHOOL
pic@cada1.org

Graduating one's leadership class is always a struggle. Much of what we see is subjective, and it is hard to quantify that. However, there are lessons, reflections, projects, and writing assignments that you can assign students to help them assess their own growth as leaders, and Google Classroom is a great platform to help you organize those assignments. Google Classroom is not an LMS (learning management system) or CMS (course management system). It's really more of a Google Drive management system.

By adding students into a Google Classroom period, you can assign them short questions they can respond to at the start of class. A good

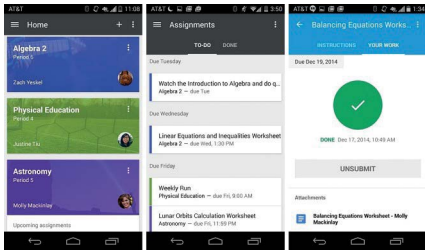
way to use the "Create Question" feature is to have students reflect on a leadership quote, an issue that the class might be facing, or to post an idea for a new event on campus. You can also utilize the "Create Assignment" option and then assign students a document you would like them to fill out. You are given the option to create copies of the document for each student so that they can fill out their own copy. Or, if there is a message you need to send out you can post using the "Create Announcement" feature. All of these types of posts are then organized into the classroom stream.

All of the assignments are then organized and grouped in your Google Classroom



All of the assignments are then organized and grouped in your Google Classroom period for easy access. The great thing about using this platform is that students can post in your classroom as well.

period for easy access. The great thing about using this platform is that students can post in your classroom as well. For example, all of my committee groups post important documents that other class members need access to within the Google Classroom stream. Scripts, job lists, and diagrams of events are just some of the documents that my students post in Google Classroom. The great thing about this is that other students can then post questions or comments on the documents about any issues or things that they see have been forgotten.



If students download the Google Classroom app, they will even receive notifications on their phones when new items are posted. It truly is a great management piece for your leadership class, and it helps give the students more ownership of their events. If you're interested, there are many tutorial videos on YouTube that you can search which go over many of the functions in Google Classroom. Give it a try if your school has access to Google Apps for Education!

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THANK
YOU

GRATITUDE, ESSENTIAL FOR EVERY GREAT LEADER

BY VANESSA THARP
CADA AREA H MEMBER
SKYLINE HIGH SCHOOL
tharpv@issaquah.wednet.edu

An attitude of gratitude is one of the most contagious impacts that our student leaders can have in our schools. With the holiday season coming up and service as a focus, now is the perfect time to create some activities that inspire gratitude and teach simple lessons like how to write a thank you note. Gratitude is a practice that we need to teach and model daily to our student leaders and require of them when working with others. A sometimes odd item on my syllabus is a pack of thank you notes, I make an effort to point this out to my students and their parents at Back to School Night. I was raised writing thank you notes and I am still surprised how many students in high school have never written a formal thank you note. We usually teach a lesson early in the year about what should and shouldn't be in a thank you note: timeliness guidelines, and most importantly, how to make your note genuine and authentic.

We've worked to add gratitude into our daily practices and activities so that thank you notes follow each activity that we do. We make an effort to thank our secretaries who schedule our facilities for us, our teachers who chaperone, guest speakers who visit, and our custodians who work with us to clean up after our events. We've made an extra effort to make our bookkeeper and athletic secretary feel appreciated and know how much of a critical role they play to help us in all that we do. A simple thank you note can go a long way in

securing that teacher, administrator or support staff's help in the future. If you are still not sure that gratitude is a key pillar for your leadership program, did you know that research shows that gratitude can have profound and positive effects on our health, can reduce anxiety and envy? Plus, let's be honest, if Oprah does it daily, we must be onto something!

Here are some ideas to help you up your gratitude game:

Book: *A Simple Act of Gratitude* by John Kralik - This book is about a man who sets out on a quest to write a thank you note each day for a year and he starts from a place of challenge and struggle. This is a rare memoir that is touching, has an immediately accessible message and is a simple storytelling of an ordinary man. Kralik sets a believable, doable example of how to live a miraculously good life and teaches the power of gratitude along the way.

Thank-O'-Lantern - Hard to remember to write that thank you note? We take a bright neon Jack-O'-Lantern, usually a dollar or two and in a glowing shade of orange turn it into our Thank-O'-Lantern and have it visible with thank you notes in it as a friendly reminder and easy access to thank you notes.

Personalized ASB Thank You Note - Take a group picture of your ASB team, send it off to Costco or a printing company and give special personalized thank you notes with a picture on it to those who really went above and beyond to help you out.

Thank you Thursday - Making a committed day, or time, and a routine of gratitude helps to instill gratitude as an everyday practice. We also start most classes with positive shout outs that often reflect our gratitude and also helps me as the teacher to take a moment, slow down and see all that we do in a positive way instead of jumping into my To Do list or the fast pace tempo of an ASB class.

Soul Pancake Video - An Experiment in Gratitude | The Science of Happiness - An awesome video where people write genuine, in-depth thank you notes and then call them up and share their letter. Watch the profound impact that this exercise has and then write your own! Find it on YouTube and share it with your class.

Friendsgiving - I've saved one of my most cherished activities for last. A tradition I started at my previous school (and is still in place) has carried over to my new school. A week or two before Thanksgiving my ASB students and I all divide up all our favorite Thanksgiving dishes. I recruit a parent or two to help with the turkey and ham, we set out long tables Harry Potter style in the cafeteria, make some decorations, put on a nice outfit and come into school one evening and have a proper Thanksgiving feast with our ASB family that includes cranberry sauce, pumpkin pie, green bean casserole and of course, a whole lot of gratitude!

CASL NEWS

BY JASMINE COLAK

CASL STATE PRESIDENT
president@caslboard.com

In June, the newly elected CASL State Board convened for the very first time in San Diego, California and ever since then, has been working unquestionably hard on all things CASL! Comprised of a group of dedicated and passionate student leaders, this year's board contains an undeniable capacity to effect widespread change and promote social good and we can not wait for you and your students to see what we have in store!

The CASL State Conference is undoubtedly the largest responsibility of the board, with conference planning already underway. After months of research, idea-sharing, brainstorming, and careful deliberation, we have curated a conference message which we see as fundamental to the life of any student leader.

A commonality discernable amongst student leaders is the unfettered drive we contain to effectuate social good. Yet, when performing acts of goodness, even the most motivated individuals can lose sight of what's truly important — doing the most good we can do. Effective altruism is a movement that embodies the groundbreaking revelation that doing good is simply not enough, and we as architects of change should harness our efforts toward doing good, but better. It is based upon the concept of leading with the heart and the mind by pairing our indubitable passion for helping others with careful reasoning and analytical thinking. Effective altruism refers to social good enacted in regards to the quality of our impact, not the quantity. By adopting the mindset and virtues

of an effective altruist, we are able to generate better outcomes than ever before when it comes to aiding and serving others with the betterment of society in mind.

Reaching a consensus on effective altruism was seemingly innate for the CASL State Board, and we are employing our transparent enthusiasm for an inherent belief in effective altruism to plan and facilitate CASL's most

awe-inspiring conference yet! We, just like the thousands of student leaders scattered all throughout California, believe passionately in our formidable ability to effect and generate societal-oriented goodness, and practicing effective altruism allows us to maximize the overall impact we are able to create for others.

We now begin the journey to incorporate this message through our conference curriculum in Area Meetings, Intrastates, Workshops, Meet the Pros and our Service Learning Opportunity. We can not wait to see you in April at the 2018 CASL State Conference in Ontario as we aspire to Do Good Better at The CASL Startup.



DO GOOD BETTER

the **CASL** **STARTUP**

THE CALIFORNIA ASSOCIATION OF STUDENT LEADERS
2018 STATE CONFERENCE
ONTARIO, CA

MIDDLE SCHOOL CONFERENCE | HIGH SCHOOL CONFERENCE
APRIL 5-7 | **APRIL 7-9**

RUN FOR STATE OFFICE

We invite you to join our team by running for the Board at the 2018 State Conference. Board members will attend training for leadership professionals and will travel the state to present at leadership Development Days and Area Conferences as they group and plan for the next State Conference. Positions are available as Regional and Freshman Directors, and Web and Media.

Applications for the 2018 Board are due on February 9, 2018 - you'll need some help from your advisors to apply so get started soon!

SHARE YOUR SUCCESS

Delegates from every school are encouraged to apply as Meet the Pros presenters, and if selected, will have the opportunity to present six, 10-minute long table sessions to a group of 12 of their peers and fellow leaders.

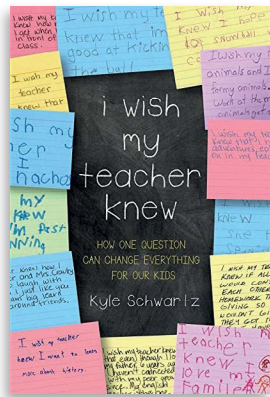
Applications are due February 9, 2018.

For more information, contact Sandra Kurland at leadership@cada1.org

BECOME A FAN!
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REGISTER NOW FOR THE CASL STATE CONFERENCE! FOR REGISTRATION FORMS, INFORMATION AND APPLICATIONS FOR THE STATE BOARD OR MEET THE PROS PRESENTERS, VISIT CASL1.ORG OR CASLBOARD.COM/STATE-CONFERENCE.

EARLY BIRD CUT OFF: REGISTRATION POSTMARKED BY FEBRUARY 2, 2018 WILL RECEIVE A DISCOUNTED RATE



I WISH MY TEACHER KNEW

by Kyle Schwartz

A brief review of a book intended for personal professional development.

BY ALLISON GADEKE
CADA AREA A COORDINATOR
SIERRA MIDDLE SCHOOL
AreaA@cada1.org

On a recent outing to Vroman’s Bookstore in Pasadena, I happened to spot a brightly covered book decorated in images of pastel colored note cards. My curiosity was piqued when I read the title, “I wish my teacher knew: How One Question Can Change Everything For Our Kids.”

Upon randomly opening the book, I found three ideas that I could implement into my classroom immediately. I decided the book was worth a read and headed to the cashier. The next afternoon on my flight home, I decided to take another look inside the cover. I was immediately hooked. At the end of the flight, I found myself wanting to read more and more. Schwartz’s book is filled with personal stories of interactions with students that noted their unique situations and needs for teachers who cared. The author goes into detail with suggestions and solutions for how to improve school culture and climate. Perhaps what resonated with me most, though, was her classroom where opportunities exist for

a quality education for all students. Every student leaves each day with a feeling they are valued and respected.

In her book, Kyle Schwartz addresses a number of situations all too familiar in our classrooms. She speaks about a variety of issues that affect our students and, thus, become important topics for us to address with insight and compassion. For example, she discusses the impact of immigration status, poverty, family dynamics, abuse, grief, and more upon our students’ ability to learn. She also applies Carol Dweck’s research and understanding about mindset into a section about building self-efficacy into the classroom.

Throughout the book, Schwartz offers practical and easy solutions to continue to encourage learning and promote our students’ self confidence despite the often unpredictable challenges they face. For example, she relates the tale of having her students answer the following writing prompt, “I wish my teacher knew ...” Upon reading this, I applied the idea to my own classes. The feedback I received from my kids was enlightening and extremely informative. I learned about a variety of student needs – including glasses, a hug, and a pencil, to fears about public speaking, homelessness, and feeling irrelevant. Applying

that simple idea has transformed the relationship I have with my kids this year.

Another idea the author employs is creating Welcome Kits for her classroom. Again, we adopted the idea at our school. My Leadership students now make simple “Welcome to Sierra” bags that contain a t-shirt, planner, highlighter, pencil, and a handwritten note saying “you belong here and we are happy to have you as part of the Sierra Spartan Family.” The smiles on the faces of the recipients have made every effort worthwhile.

She discusses the impact of immigration status, poverty, family dynamics, abuse, grief, and more upon our students’ ability to learn.

My only regret in reading this book is I did not discover it 26 years ago when I started my teaching career. It is packed with digestible research, practical ideas, and incredible conversation starters to use with students and parents. I highly recommend it as a resource and hope you find it as helpful and informational as I do!

CADA Memorial Scholarships!

Leadership Camp Scholarship & CASL Scholarship
Applications available online at www.cada1.org/scholarships



CASL Scholarship

Application must be postmarked by December 15, 2017
Recipients will be notified on or before January 18, 2018

Leadership Camp Scholarship

Application must be postmarked by February 9, 2018
Recipients will be notified on or before March 16, 2018



2018

CALENDARING JANUARY TO JUNE

Here is the third in our series of fun days to infuse into your school calendar. For more great ideas (multiple choices for each day), check out daysoftheyear.com, checkiday.com and nationaldaycalendar.com. These sites include a brief explanation of each special day. See Issues 116.4 and 117.1 in the CADA Newsletter archives at www.cada1.org under Advisor Resources for Calendaring ideas for August through December.

JANUARY

Get Organized Month

January 8 - Argyle Day
January 9 - Apricot Day
January 10 - Cut Your Energy Costs Day
January 11 - Learn Your Name
in Morse Code Day
January 12 - Pharmacist Day
January 15 - Hat day
January 16 - International Hot
and Spicy Food Day
January 17 - Kid Inventors' Day
January 18 - World Religion Day
January 19 - Popcorn Day
January 22 - Hot Sauce Day
January 23 - Handwriting Day
January 24 - Belly Laugh Day
January 25 - Opposite Day
January 26 - Australia Day
January 29 - Freethinkers Day
January 30 - Croissant Day
January 31 - Inspire Your Heart With Art Day

FEBRUARY

Library Lovers' Month

February 1 - Serpent Day
February 2 - World Play Your Ukulele Day
February 5 - Western Monarch Day
February 6 - Frozen Yogurt Day
February 7 - Ballet Day
February 8 - Kite Flying Day
February 9 - Safer Internet Day
February 12 - Lost Penny Day
February 13 - Madly In Love With Me Day
February 14 - Donor Day
February 15 - Singles Awareness Day
February 16 - Do a Grouch a Favor Day
February 19 - International Tug-of-War Day
February 20 - Love Your Pet Day
February 21 - International Mother
Languages Day
February 22 - World Yoga Day
February 23 - Banana Bread Day
February 26 - Tell a Fairy Tale Day
February 27 - Strawberry Day
February 28 - Floral Design Day

MARCH

Nutrition Month

March 1 - World Compliment Day
March 2 - Dr. Seuss Day
March 5 - Cheese Doodle Day
March 6 - Unique Names Day
March 7 - Be Heard Day
March 8 - International Women's Day
March 9 - Middle Name Pride Day
March 12 - Fill Our Staplers Day
March 13 - Good Samaritan Day
March 14 - Celebrate Scientists Day
March 15 - Oranges and Lemons Day
March 16 - Freedom of Information Day
March 19 - Chocolate Caramel Day
March 20 - International Earth Day
March 21 - International Day for the
Elimination of Racial Discrimination
March 22 - Sing Out Day
March 23 - Chip and Dip Day
March 26 - Make Up Your Own Holiday Day
March 27 - World Theatre Day
March 28 - Children's Picture Book Day
March 29 - Smoke and Mirrors Day
March 30 - No Homework Day

APRIL

Inventor's Month

April 2 - Peanut Butter and Jelly Day
April 3 - American Circus Day
April 4 - Walking Day
April 5 - Burrito Day
April 6 - Student Government Day
April 9 - Unicorn Day
April 10 - Encourage a Young Writer Day
April 11 - Cheese Fondue Day
April 12 - Celebrate Teen Literature Day
April 13 - Scrabble Day
April 16 - Wear Your Pajamas To Work Day
April 17 - International Haiku Poetry Day
April 18 - Animal Crackers Day
April 19 - High Five Day
April 20 - Volunteer Recognition Day
April 23 - Picnic Day
April 24 - School Bus Drivers' Day
April 25 - Administrative Professionals' Day
April 26 - Pay It Forward Day
April 27 - Tell a Story Day
April 30 - Hairstyle Appreciation Day

MAY

Photo Month

May 1 - School Principals' Day
May 2 - Sibling Appreciation Day
May 3 - Two Different Colored Shoes Day
May 4 - Kids Fitness Day
May 7 - Barrier Awareness Day
May 8 - Teacher Appreciation Day
May 9 - Bike To School Day
May 10 - Clean Up Your Room Day
May 11 - Hostess Cupcake Day
May 14 - Chicken Dance Day
May 15 - Chocolate Chip Day
May 16 - Wear Purple For Peace Day
May 17 - International Day Against
Homophobia, Biphobia and Transphobia
May 18 - I Love Reese's Day
May 21 - Memo Day
May 22 - Vanilla Pudding Day
May 23 - Taffy Day
May 24 - Scavenger Hunt Day
May 25 - Don't Fry Day
May 28 - International Hamburger Day
May 29 - Paper Clip Day
May 30 - World MS Day
May 31 - World No Tobacco Day

JUNE

Candy Month

June 1 - Doughnut Day
June 4 - Cheese Day
June 5 - World Environment Day
June 6 - Higher Education Day
June 7 - Chocolate Ice Cream Day
June 8 - Best Friends Day
June 11 - Making Life Beautiful Day
June 12 - Red Rose Day
June 13 - Random Acts of Light Day
June 14 - Flag Day
June 15 - Flip Flop Day
June 18 - Splurge Day
June 19 - Juneteenth
June 20 - Ice Cream Soda Day
June 21 - Selfie Day
June 22 - Onion Rings Day



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2017-2018 Calendar of Events

FOR MORE INFORMATION ON CADA PROGRAMS:

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CASLFAN



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CADACAMPS

2017

NOV 7	AREA D - SOUTHERN STUDENT CONFERENCE	VENTURA FAIRGROUNDS
NOV 14	AREA F - HIGH SCHOOL STUDENT CONFERENCE	DISNEYLAND HOTEL - ANAHEIM
NOV 20	AREA B - MS & HS STUDENT CONFERENCE	JAMES LOGAN HIGH SCHOOL
DEC 5	AREA C - ADVISOR CONFERENCE	FRESNO ELKS LODGE

2018

JAN 20	CADA SOUTHERN CALIFORNIA TECHNOLOGY CONFERENCE	DAVE & BUSTER'S - HOLLYWOOD & HIGHLAND
FEB 6	AREA E.S.T.A.R.S. CONFERENCE	KELLOGG WEST - CAL POLY POMONA
FEB 28 - MAR 3	CADA STATE CONVENTION	GRAND SIERRA RESORT - RENO
APRIL 5 - 7	CASL STATE CONFERENCE - MIDDLE SCHOOL	DOUBLETREE - ONTARIO, CA
APRIL 7 - 9	CASL STATE CONFERENCE - HIGH SCHOOL	DOUBLETREE - ONTARIO, CA
MAY 1	AREA A - MS & HS STUDENT CONFERENCE	MODESTO CENTRE PLAZA
MAY 2	AREA F - HIGH SCHOOL CONFERENCE	COTO VALLEY COUNTRY CLUB

